

Beaver County Behavioral Health is pleased to sponsor...

# Youth Mental Health First Aid Training

**Beaver Valley IU**  
147 Poplar Ave  
Monaca, PA 15061

**January 27, 2025**  
9:00am – 5:00pm

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

\*\*\*\*\*

## Youth Mental Health First Aid

This training **is FREE** of charge, but pre-registration is required.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Return the completed registration form to: [jennifer@etc-pa.com](mailto:jennifer@etc-pa.com)  
Registration begins at 8:45 am. Lunch is on your own.

Education & Training Consultants, LLC  
251 Woodside Road  
Pittsburgh, PA 15221