



Merakey Pennsylvania ACT Referral Packet

As defined in the Office of Mental Health and Substance Abuse Services Bulletin (OMHSAS), Assertive Community Treatment (ACT) is a consumer-centered, recovery-oriented, mental health service delivery model that has received substantial empirical support for facilitating community living, psychosocial rehabilitation, and recovery for persons with the most serious mental illnesses and impairments who have not benefited from traditional outpatient programs.

Referrals to Merakey ACT Teams will be submitted by hospitals, jails/prisons, Long Term Structured Residences (LTSR), case management providers, Counties, Payers and other similar professional agencies supporting the individual identified as needing services. Please note that due to the intense level of treatment provided by ACT Teams, referrals not from a professional agency are not able to be accepted.

The attached packet will be completed in full by the referral source in collaboration with the consumer and provided to the ACT Team Leader, along with a psychiatric evaluation completed within the last 12 months. Any sections of the referral packet that are not relevant to the individual, please note N/A. Please note that referrals will not be reviewed for acceptance into the program until a completed referral is received.

The referral source will be contacted within 3 business days of the Team Leader receiving the completed referral with either a disposition or additional questions. And intake assessment will be scheduled within 5 business days of the decision and notification of acceptance. Should the individual be determined appropriate for the program, an intake date will be set up. If the individual does not meet program criteria, the referral source will be notified by call and receive written notification for their records.



ACT/FACT CRITERIA FOR ELIGIBILITY

Individual Name: _____

DOB: _____

NECESSARY CRITERIA-MUST HAVE BOTH 1 AND 2

- ___ 1. Age 18 or older
- ___ 2. Has a diagnosis of Schizophrenia or chronic major mood disorder consistent with DSM 5 (and future revisions). Other mental health disorder may be appropriate in conjunction with symptoms presenting as chronic and persistent and can reasonably be expected to respond to therapeutic intervention. **Individuals with the primary diagnosis of substance use disorder, intellectual developmental disorder, or brain injury are not candidates for ACT.**

MUST HAVE AT LEAST TWO (2) OF THE FOLLOWING CRITERIA

- ___ 3. At least two (2) psychiatric hospitalizations in the past 12 months or lengths of stay totaling over 30 days in the past 12 months that can include admissions to the psychiatric emergency services
- ___ 4. Intractable (i.e. persistent or very recurrent) severe major symptoms – i.e. affective, psychotic, suicidal.
- ___ 5. Co-occurring mental illness and substance use disorders with more than six (6) month duration at the time of contact.
- ___ 6. High risk or recent history of criminal justice involvement, which may include frequent contact with law enforcement personnel, incarcerations, parole or probation.
- ___ 7. Literally homeless, imminent risk of being homeless, or residing in unsafe housing. **Homeless individual (literally homeless)** is an individual who lives outdoors (street, abandoned or public building, automobile etc.) or whose primary residence during the night is a supervised public or private facility that provides temporary accommodations (short term shelter). **Homeless Individual (at imminent risk of being homeless)** should meet at least one of the following criteria: doubled-up living arrangement where the individual's name is not on the lease, living in a condemned building without a place to move, arrears in rent/utility payments with no ability to pay, having received an eviction notice without a place to move, living in temporary or transitional housing that carries time limits, being discharged from a health care or criminal justice institution without a place to live.
- ___ 8. Residing in an inpatient or supervised community residence, but clinically assessed to be able to live in a more independent living situation if intensive services are provided, or requiring a residential or institutional placement if more intensive services are not available.
- ___ 9. Difficulty effectively utilizing traditional case management or office-based outpatient services or evidence that they require a more assertive and frequent non-office based services to meet their clinical needs.

EXCLUSION CRITERIA-EITHER OF THE FOLLOWING CRITERIA

- ___ 1. Individual is at imminent (immediate) risk of harm to self or others
- ___ 2. Has impairment sufficient enough to require a level of service that is more intensive than community-based care.

Consumer Signature _____

Date _____

Referral Source Signature _____

Date _____



Family/Natural Supports Involved in Treatment

| Names | Relationship | Contact Information |
|-------|--------------|---------------------|
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Consumer's Strengths and Interests

Community Supports



REFERRAL INFORMATION

Referral Source Agency: _____

Contact Person and Role: _____

Contact Phone: _____

Contact Email: _____

Presenting Problem (Include consumer's input):

Reason for Referral (Referral Source Clinical Justification):

Current DSM-5 Diagnosis including ICD-10 codes:

| code | diagnosis with specifier if applicable |
|-------|--|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Treating Psychiatrist: _____

Diagnosis Date: _____

Location/Facility of Treatment/Diagnosis: _____



TREATMENT HISTORY

Current Providers

Case Management

Blended Drug and Alcohol Intensive Administrative

Agency: _____

Address: _____

Case Manager: _____

Contact Number: _____

Outpatient Psychiatrist

Agency: _____

Address: _____

Contact Number: _____

Psychiatrist Name: _____

Outpatient Therapist

Agency: _____

Address: _____

Contact Number: _____

Therapist Name: _____

Peer Support Specialist

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____

Supported Housing

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____



- Outpatient Drug and Alcohol
 - IOP
 - Group
 - Individual Sessions

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____

- Family Based Services

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____

- Other _____

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____

- Other _____

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____

- Other _____

Agency: _____

Address: _____

Contact Number: _____

Contact Person: _____



HOSPITALIZATION HISTORY

Is the Consumer currently hospitalized? yes no
If yes, please complete contact information for current inpatient treatment team.

Current Hospital: _____

Social Worker: _____ Telephone: _____ Email: _____

Date of Admission: _____ Projected Discharge: _____

Psychiatric Hospitalizations within the last 12 months

| Hospital Name | Dates of Admission | Type of Commitment (302 or 201) | Reason for Commitment |
|---------------|--------------------|---------------------------------|-----------------------|
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Any other significant information regarding hospitalization history that would be beneficial (periods of increase hospitalizations, triggers for hospitalizations, successes for hospital diversions)

Is the Consumer currently on an outpatient commitment? yes no

Will an outpatient commitment be part of their current discharge plan? yes no



MEDICATIONS

Is the Consumer able to identify and manage their medications independently? yes no

Consumer Pharmacy: _____

Current Medications Check if medication list is attached with all requested information

| Medication | Dose | Frequency | Method | Reason for Taking | Requires Monitoring |
|------------|------|-----------|--------|-------------------|---------------------|
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Is the Consumer on any long acting injectable (LIA) medications? yes no

If yes, where do they currently go to receive the injection? _____

Is the Consumer being treated with Clozaril? yes no

If yes, please provide the follow questions:

When did they begin taking Clozaril? _____

How often are labs required? _____

Where are labs drawn? _____

Any irregular labs received? yes no If yes, when _____

Over the Counter Medications (including vitamins and as needed)

| Medication | Dose | Frequency | Reason for Taking |
|------------|------|-----------|-------------------|
| | | | |
| | | | |

Medication Allergies

| Medication | Reaction |
|------------|----------|
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| | |

Anything that would be helpful to know regarding the Consumer and how they take their medications, including concerns of not taking medications.



MEDICAL HISTORY

Current Providers

Primary Care Physician

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Dentist

Dentist/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Gynecologist

N/A-Male Consumer

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Neurologist

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Optometrist

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____



Other Specialist _____

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Other Specialist _____

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Other Specialist _____

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Other Specialist _____

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____

Other Specialist _____

Physician/Practice: _____

Address: _____

Contact Number: _____

Contact Person: _____



MEDICAL CONDITIONS

Does the Consumer have any medical conditions? yes no If yes, please list

Medical Hospitalizations within the last 12 months

| Hospital | Reason | New or Existing Condition? | Follow Up Care Needed? |
|----------|--------|----------------------------|------------------------|
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SUBSTANCE USE HISTORY

Does the Consumer have a history of substance use? yes no

If no, this section does not need completed.

| Substance | Frequency of Use | Method of Use | Date of First Use | Date of Last Use | Is Use Problematic for Consumer |
|-----------|------------------|---------------|-------------------|------------------|---------------------------------|
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Has the Consumer ever engaged in drug and alcohol treatment? yes no

If yes, provide brief treatment history information below

| Treatment Facility | Dates of Treatment | Voluntary or Court Ordered | Residential or Outpatient | Completed (yes/no) |
|--------------------|--------------------|----------------------------|---------------------------|--------------------|
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Is the Consumer currently receiving medically assisted treatment (MAT)? yes no

- Vivitrol Date Started _____ Facility Providing _____ Last inj _____
- Naloxone Date Started _____ Prescribing Physician _____
- Suboxone Date Started _____ Facility Providing _____ Dose _____
- Methadone Date Started _____ Facility Providing _____ Dose _____



LEGAL INVOLVEMENT

Is the Consumer have currently involved with the criminal justice system? yes no
If yes, complete the following section:

Current Involvement

Table with 3 columns: Charge, Disposition, Follow up Required

Provide All Upcoming Court Hearing Dates and Times:

Attorney Name and Contact Information (Include if Public Defender or Private Attorney):

Probation/Parole Officer Name and Contact Information:

Probation/Parole Requirements:

Is the Consumer a Megan's Law Offender? yes no If yes, provide the following details

- Tier 1
Tier 2
Tier 3
Pre-SORNA SVP (previous sexually violent predator)

Reporting requirements:

Past Legal History

Indicate if the Consumer has ever previously been convicted of and/or incarcerated for the following charges

- Aggravated Assault, Arson, Theft, Drug Distribution, Kidnapping, Fraud, Incarcerated, Domestic Violence, Sexual Offence, Drug Possession, Fleeing/Eluding, Simple Assault, Reckless Endangerment, Incarcerated, Incarcerated, Incarceration, Incarceration, Incarceration, Incarceration

Total Number of Incarcerations:

Other significant information regarding the Consumer's legal/criminal history

Multiple horizontal lines for text entry



FINANICIAL

Sources of Income

- SSI, SSDI, Paycheck, Spouse's Income, Survivor's Benefits, Life Insurance Benefits, Trust Fund, Other

Total Monthly Income: Average Monthly Spending:

Does the Consumer have a Representative Payee? yes no If yes, provide the following details

Is the payee required by a psychiatrist? yes no

Payee Name:

Agency or Relationship to Consumer:

Telephone Number:

If the Consumer does not have a payee, would they benefit from having one? yes no

Are they open to having a payee? yes no

Does the Consumer have a Legal Guardian? yes no If yes, provide the following details

Contact information

Name: Agency:

Telephone Number: Email:

Date Guardianship took effect: End Date (if applicable):

A copy of the Guardianship paperwork will need to be provided to the Team

Does the Consumer have a Power of Attorney yes no If yes, provide the follow details

What does the POA specifically cover?

Contact Information

Name: Agency or Relationship:

Telephone Number: Email:

Effective Dates:

A copy of the Power of Attorney paperwork will need to be provided to the Team