

Journey to HOPE

VIRTUAL YOUNG ADULT GRIEF SUPPORT GROUP

EVERY TUESDAY MARCH 22ND - MAY 10TH

**THIS GROUP WILL TAKE PLACE ENTIRELY ONLINE VIA THE ZOOM PLATFORM.*

6:00PM - 7:30PM

Grief is challenging under any circumstance. By providing a safe, caring, and confidential setting, this **NO COST** group will help empower and equip young adults ages 18-30 with tools that will help them journey through the grief process.

This social setting is designed to be an educational support group focused on empowering young adults to learn how to navigate their "new reality."

For additional information, e-mail contactus@highmarkcaringplace.com or call Davina Pacley at 866.212.4673.

Registration deadline is March 8th.

**An intake process is required for entry into this support group.*

PRESENTED BY 
HIGHMARK
CARING PLACE

