

ARE YOU LOOKING FOR:

- A place to LEARN skills to help you deal with daily stressors?
- A place to support you through difficult issues in your life?
- An environment that helps to empower and uncover your strengths?

Staunton Clinic's Adolescent Intensive Outpatient Program

NOW ON THE ZOOM PLATFORM!

- Intake number: 412-749-7341
- Group days and time: Mondays, Tuesdays, and Thursdays
from 3:00PM-6:00PM
- IOP is open to adolescents (age 13-18) with a mental health diagnosis,
and seeking a higher level of care. Group size: capped at 10 people.
- Program requires weekly family sessions to enhance engagement
and provide the family unit with skills and solutions
- Medication management available as needed
- Curriculum includes: Dialectical Behavioral Therapy (DBT), Cognitive
Behavioral Therapy (CBT), and Experiential and Expressive activities