

Zero Suicide Team Leader 03/20/2020 Minutes



Welcome, Intro & Sign-in

- o Barbara Reed, Jesse Putkoski, Bonnie Palmieri, Stephanie Santoro, Kelly Nardone, Elisia Majors, Kim Anastas, Michel Vasiladiotis, Daniel Viscuso, Mike Kryder, Melissa Coakley, Maureen Tidwell, Erin Rathbun, Jennifer Boeringer, Echo Funk, Lynn Bouchier, Jan McGinnis, Jodi Platz, Jaci Palmer, Marissa Moyer, Pastor Phil Huggins, Jennifer Chmell, Amy Solman, Heather Kaminski, David Cottingham, Liz Pelesky, Cory Getz, Patty Hodovanich, Denise Palguta, Kari Nesmith, Jonathan Hughes, Angela Masciantonio, Courtney Dawson

The minutes from January meeting were approved.

Progress/Updates:

some updates about PRISM.

We have been running a “drive” of sorts for HOPE Boxes. In these ‘kits’ there are various items to help youth cope with anxiety, depression, suicidal or self harming thoughts.

I have given these out to our group at Christmas time.

We have group texts going constantly among our group. I have youth reaching out to us adults, etc.

They really struggle in our community. They feel isolated and judged. Self harm is a major concern. Suicide attempts by LGBTQ youth and questioning youth are 4 to 6 times more likely to result in injury, poisoning or overdose that requires treatment from a physician, compared to their straight peers.

Suicide rates are still high for LGBTQ individuals, especially youth. There is a lot of evidence linking stigma against sexual minority youth to suicide attempts. LGBTQ youth are almost 5 times more likely to attempt suicide than their heterosexual peers. This number is so unbelievably alarming.

I would like to be more involved in this initiative, as well as introduce you all to Branden Dudek of Central Outreach Wellness Center. He is a case manager there and is a wonderful human being. These kids and LGBTQ adults in our community need a lot of support I would like to ensure that we are providing them with as much as possible.

Also, those in the community who are living with HIV. This is another area that needs more resources and supports. Those who have a HIV diagnosis are almost always higher than the general population.

Just some “food for thought”. I know that suicide as a whole is something we all want to rally around and try to prevent and provide support. I would just like to be able to help the population that I am working with as well as what Central Outreach is working with.

Central Outreach is a wonderful health organization that works with the LGBTQIA+ community but welcome all. They specialize in HIV and Hep-C treatment. They understand the health needs of the LGBTQIA+ community as well as people of color. It’s a very welcoming environment!

Our website is www.prismofbeavercounty.org

I try to post updated meet ups and such on there. There will be some upcoming trainings that I will also post once I have those scheduled

- - **BCRC added crisis cards in agency vehicles.**
 - **Nicolina’s Wishes is creating Kindness Cards for youth in Inpatient BH settings. They also have created a toolkit that can be signed out. Three of their handouts have been included on the bc-systemofcare.org website.**
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- AFSP – AFSP.org – Jesse spoke about what American Foundation for Suicide Prevention does.
 1. Educational programming
 - Talk Saves Lives
 - More than Sad
 - It's Real
 - Healing Conversations
 - International Survivor of Suicide Loss Day – day before Thanksgiving
 2. Need Volunteers for AFSP
 - a. Cover 25 counties
 - b. Suicide Support Group Training
 3. Project 2025 decrease suicide by 25% by 2025
 - firearms
 - Healthcare
 - EDs – bedside assessments
 - Correctional facilities
 - Coming:
 - o Workplace
 - o Young children (before middle school)
 4. 5/9/2020 – Pirates Game – Suicide Prevention Awareness Day
- Butler County CISM & Loss Team - local outreach for Suicide Survivors – immediate response team. 2-3 respond 24/7 to support by getting people what they needs from making calls to getting water to offering empathy and support. (Beaver County CISM training in April)
- Beaver County Coroner's Office
 - EMS is on scene
 - Do funeral homes have resources for families?
 - 2016: 1,954 deaths, 22 suicides, 109 overdoses
 - 2017: 1,951 deaths, 25 suicides, 82 overdoses
 - 2018: 1,883 deaths, 23 suicides, 41 overdoses
 - 2019: 1,837 deaths, 21 suicides, 61 overdoses
 - Causes: terminal illness, alone/lack of support
 - Group suggested that it might be helpful to know ages and number of attempts.
 - A recent increase in cremations was reported.
- Beaver HS – 3/24 from 6-7 Teen Dating Violence 101 – for adults only
- This group needs representation from Senior Centers and BC Office on Aging
- Central Valley Middle School group – 3/23- presenting MH information to their peers (just for CVSD students)
- Southside SD – 4/1 MH Awareness event for their school district
- Dan Miller Summit – 200 youth including representation from Beaver Co. AFSP will be present

Upcoming Screenings - *Suicide: The Ripple Effect*

- Held 14 screenings; nearly 600 people have viewed the film since September 2019.
 - 3 scheduled:
 - 1) New Brighton/Rochester schools – 3/25
 - 2) Aliquippa Impact
 - 3) Beaver Church – 4/4 Let's Talk about Mental Health – 4/4/2020 from 9-12:30 – First Presbyterian Church in Beaver. Abby – 724-524-8151
- Geneva – 1/29 – 60 in attendance + vendors
 - Student, Faculty and Community attended. Needs: Want to know signs & symptoms
- RLA – need an opportunity to talk more about MH and Suicide, know what to do. Would like to train all staff in MHFA.

REMINDER: Want to plan a screening? Contact EMajors@bcbh.org

(The county provides a staffed table with resource cards, magnets, crisis/text cards and other helpful information to anyone hosting a screening.)

Light the Way Campaign – 5/4-5/10

- MH Awareness, Stigma ↓ and prevention highlighted all week
 - 7th annual Wellness Walk/Ice Cream Social – 5/6/2020 – need volunteers
 - Encourage all to participate in some way.
 - Green light – you can talk to me 11-1; 1-2:30
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Next Steps:

- Marketing
- We will Survey this group to gain a better understanding of what is being used and what is needed.

Next Meeting – March 20, 2020 at 1:00pm at BCBH (2nd floor)
