



M A T R I X
TREATMENT CENTER
Lasting change from within

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Matrix Treatment Center

Who we Are...

Matrix Treatment Center is a trauma-based program for adult females, ages 18 and over, with co-occurring mental health and substance abuse disorders. We are a 16-bed inpatient nonhospital short-term rehab promoting the importance of a healthy body, mind, and spirit. Our treatment team consists of certified trauma and co-occurring therapists, trained counselor technicians, Certified Recovery Specialists, medical director, and a Certified Registered Nurse Practitioner who is board certified in Women's Health, Addiction, Medication Assisted Treatment, and Psychiatric Mental Health.

Services we Provide...

Our program focuses on promoting lasting change from within and embraces a structured schedule that includes individual, group and family therapy, goal setting, journal reflection, physical activities including mindful and intentional exercise, healthy eating, lifestyle changes, music therapy, art therapy, application of 12 Step Principles along with building supports in recovery for relapse prevention.

Here at Matrix Treatment Center...

Our treatment focus is on addressing the link between complex trauma, addiction, and unhealthy behaviors to promote lasting recovery. Individualized treatment goals focus on using evidence-based practices addressing the physical, emotional, social, spiritual, and intellectual needs of the individual. Interventions include incorporating medical, holistic, experiential therapy, community fellowships, and life skills training for the preparation for integration back into their daily lives and sustained recovery.

If you have a female individual that would benefit from this form of treatment or have any questions, please contact us at 724-660-4496 or email abendekovic@abc-associates.org

Kind Regards,
Amanda Bendekovic
Facility Director

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