# Women's Center of Beaver County Child & Adolescent Therapy Program

### Vision

Leading our community to a future where all members live free of domestic violence and sexual assault.

#### Mission

Women's Center of Beaver County, the only comprehensive domestic violence and sexual assault resource center in Beaver County, strives to support, shelter, advocate, and educate to promote cultural change and end violence!

### **Contact Information**

Please contact us if you are interested in the Child & Adolescent Therapy Program or would like to learn more.

www.womenscenterbc.org

724.775.0131



## Women's Center of Beaver County Child & Adolescent Therapy Program

## Trauma Informed Therapy

Trauma informed therapy is a therapeutic relationship focused on the emotional and social well-being of the individual.

During an hour long session, the therapist and individual will work towards developing and increasing emotional skills, awareness, and safety while reducing trauma related symptoms.

We have Master's level therapists with training in PCIT, TF-CBT and EMDR.

#### **Services Offered**

- Individual & Group Therapy
- Music Therapy
- · Individual Safety Planning
  - -Coping Skills
  - -Psycho-education
  - -Personal Goal Planning
- · 24 hour Crisis Helpline
- Medical & Forensic Exam Accompaniment
- Court Accompaniment and Advocacy
- Sexual Assault, Domestic Violence, and Child Abuse Victim Services Provided



Services are free and confidential.